

# KINDERGARTEN CARE

## PLAY



Discover



Explore



# KINDERGARTEN CARE (KCARE)

Parents who require a full-day service for their children who are enrolled in MK can apply for the KCare service.

KCare provides care services, and **time** and **space** for children to **play, explore** and **discover** through **specially designed environments with carefully chosen resources**.

**KCare** aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.



# KCARE TEAM OF MK@FRONTIER

## K1 TEACHERS



## K2 TEACHERS



# KEY FEATURES

## Play

**Exploration and discovery through play**

*Importance of play*

**Large blocks of time for indoor and outdoor play**

*Importance of continuous periods of time for play*

**Opportunities for mixed-age play**

*Benefits of mixed-age play and interaction (K1 and K2)*

## Environment

**Specially designed environment and carefully chosen resources**

*Importance of environment*

**Children's autonomy in deciding what and how to play within the created environment**

*Benefits of child-initiated play*

# KCARE PROGRAMME

**Modular Activities** provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering **immersive environments** that excite them to **explore and discover through play**, children get to engage in **deeper** and **more complex** forms of play.

Modular Activities	Purpose
Art & Craft	For children to imagine and create
Tinkering	
Cookery	For children to develop independence and self-help skills
Music, Movement & Dramatisation	For children to develop confidence and communication skills
Gardening (outdoor)	For children to find out more about the world around them
Sand & Water Play (outdoor)	

# KCARE PROGRAMME

## Modular Activities (Indoor)



**Art & Craft**



**Cookery**



**Music, Movement  
& Dramatisation**



**Tinkering**

# KCARE PROGRAMME

## Modular Activities (Outdoor)



# KCARE PROGRAMME

**Free Play** provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**.

Indoor Free Play

Outdoor Free Play

Construction and  
Manipulative  
Free Play

Dramatic  
Free Play

Outdoor  
Free Play

Sand and Water  
Free Play



Nurturing reading among the children is also important and **Dedicated Reading Time** is provided for children to be engaged in reading daily.



# KCARE ROUTINES AND ENVIRONMENT

## Health Check Areas



Parents/ Caregivers to wait at the lift lobby and leave after health check is complete.

# KCARE ROUTINES AND ENVIRONMENT

## DROP OFF & PICK UP POINTS

- Check in/ out by scanning QR Code using Little Family app.
- QR code will be sent to you via the app. Please print out a hardcopy and attach it to your child's bag for your convenience when scanning.
- Please note that **Littelives QR scanner needs to be scanned from a hardcopy.**



Valid: 12 Apr 2020



# KCARE ROUTINES AND ENVIRONMENT

## Arrival & Dismissal Timings

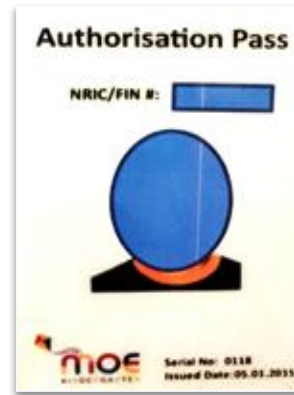
Please do not send or pick up your child from Kcare during the following 'black-out period' as these are peak periods when children are arriving and being dismissed from MK.

Black-out periods (strictly no receiving or dismissing of children)
<b>7:40am - 8:15am</b>
<b>11:45am – 12:15pm</b>
<b>12:45pm - 1:15pm</b>
<b>4:45pm - 5:15pm</b>

Please follow the timings for arrival and dismissal of your child

Arrival	Location
7:00am-7:45am	K1-Level 4
8:15am onwards	K2- Level 6
Dismissal	Location
After 5:15pm onwards	K1- Level 4 K2 – Level 6

# DISMISSAL / PICK-UP



- ✓ Please show **AUTHORISATION PASS**
- ✓ Only **authorized person** can pick-up child
- ✓ Authorised age to pick-up child must be **18 years and above**
- ✓ Inform via school's WhatsApp or call the school if you are unable to pick-up on time

We seek your understanding and patience that dismissal will take slightly longer during the first few weeks.

# DISMISSAL - AD HOC ARRANGEMENTS

If Parents/ Authorised personnels are **unable** to fetch child..

Inform Class Teachers and provide the following details:

1. Child's **name and class**
2. Non-authorized person's **full name** and last **4 digits** of NRIC
3. Non-authorized person's **relationship** to child
4. Photo, if possible

Adult fetching child to present their **NRIC or photo ID** for teachers to verify the last 4 digits.

# KCARE ROUTINES AND ENVIRONMENT

## Indoor Environment - Classrooms



# KCARE ROUTINES AND ENVIRONMENT

## Indoor Environment - Classrooms



Art & Craft Room

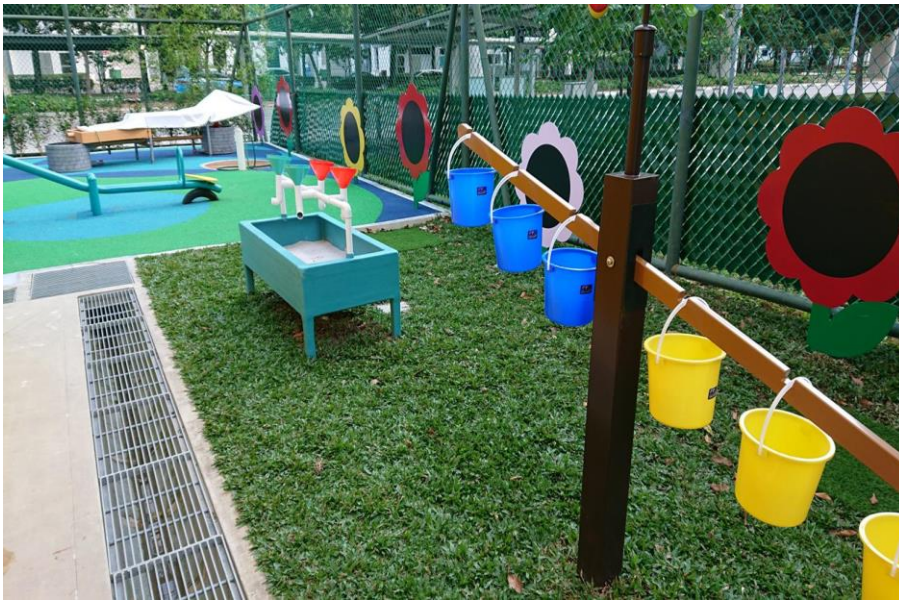
Cookery Room



# KCARE ROUTINES AND ENVIRONMENT

## Outdoor Environment

Specially designed Sand & Water play area and Sensory Garden for children to use their five senses to explore and find out about the world around them



Sand & Water Play Area



Sensory Garden



# THINGS TO BRING...



- 1 set of clean uniform
- Ziplock bag/ plastic bag to keep dirty/soiled uniform
- 1 pair of slipper for water-play (to be kept in Kcare)



**ALL items to be  
labelled with  
child's name.**

# A TYPICAL DAY

## Sample Timetable (AM KCare)

Time	Activity
7.00 am – 8.00 am	Arrival and Health Check / Indoor Free Play
8.00 am – 8.30 am	Breakfast
8.30 am – 9.30 am	Modular Activities (Indoor/Outdoor) / Indoor/Outdoor Free Play
9.30 am – 10.30 am	Modular Activities (Indoor/Outdoor) / Indoor/Outdoor Free Play
10.30 am – 10.45 am	Dedicated Reading Time
10.45 am – 1.00 pm	Rest/Nap, Clean-up, Lunch
1.00 pm – 5.00 pm	MOE Kindergarten
5.00 pm – 7.00 pm	Indoor/Outdoor Free Play Quiet Time and Dismissal

Note: KCare homerooms reside within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

# A TYPICAL DAY

## Sample Timetable (PM KCare)

Time	Activity
7.00 am – 8.00 am	Arrival and Health Check / Indoor Free Play
8.00 am – 12.00 pm	MOE Kindergarten
12.00 pm – 12.15 pm	Arrival and Health Check
12.15 pm – 2.30 pm	Lunch, Clean-up, Rest/Nap
2.30 pm – 3.30 pm	Modular Activities (Indoor)/Indoor Free Play
3.30 pm – 3.45 pm	Afternoon Snack
3.45 pm – 4.00 pm	Dedicated Reading Time
4.00 pm – 5.00 pm	Modular Activities (Indoor/Outdoor) / Indoor/Outdoor Free Play
5.00 pm – 7.00 pm	Indoor/Outdoor Free Play Quiet Time and Dismissal

Note: KCare homerooms resides within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

# HOLIDAY PROGRAMME

## Sample Timetable for KCare

Time (h)	Activity
7.00 am – 9.00 am	Arrival and Health Check Breakfast and Indoor Free Play
9.00 am – 11.00 am	Holiday Activities (Outdoor) Morning Snack
11.00 am – 11.15 am	Dedicated Reading Time
11.15 am – 12.15 pm	Modular Activities (Indoor)
12.15 pm – 2.45 pm	Lunch, Clean-up, Rest/Nap
2.45 pm – 3.00 pm	Dedicated Reading Time
3.00 pm – 3.30 pm	Afternoon Snack
3.30 pm – 5.00 pm	Holiday Activities (Indoor)
5.00 pm – 7.00 pm	Indoor/Outdoor Free Play Quiet Time and Dismissal

# MEALS AND SAMPLE MENU



Child Care Menu I (OCT) Kcare				
Mon	Tue	Wed	Thu	Fri
	1/10/2024 焖米粉, 烤蘑菇鸡块, 香油椰菜花 Braised Bee Hoon Grilled Chicken w Button Mushroom Cauliflower in Fragrance Oil Cabbage Soup, Apple	2/10/2024 白饭, 西西里肉碎, 西西里杂菜 White Rice Sicilian-Style Stew Minced Chicken Sicilian-Style Stew Veges Long Cabbage Soup, Banana	3/10/2024 鸡肉汉堡包, 薯条 Burger Bread Grilled Meatloaf (Chicken) Shredded Lettuce, Fries Honeydew	4/10/2024 <b>Centre Closure (Children's Day)</b>
7/10/2024 白饭, 洋葱焖鸡, 上汤玉米大白菜 White Rice Stewed Chicken w Onion Long Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	8/10/2024 焖裸条, 蚝油焗豆豉, 香油包菜 Braised Kway Teow Braised Chicken w Mixed Vegetables Cabbage in Fragrance Oil Cabbage Soup, Apple	9/10/2024 白饭, 四彩菜, 台湾卤豆支雞 White Rice Stir Frying 4 coloured vegetables Braised Chicken & Taukee (Taiwanese) Long Cabbage Soup, Banana	10/10/2024 白饭, 麦片鱼, 蚝皇枸杞椰菜花 White Rice Cereal Fish Cauliflower w Wolfberries in VegOysters Sauce Tofu Soup, Honeydew	11/10/2024 香茅饭, 照烧酱烤香菇鱼, 蒜油九白菜 Lemongrass Rice Teriyaki Fish w Dried Mushroom Kow Peck Chye w Garlic Oil Diced Corn Soup, Yellow Pear
14/10/2024 白饭, 麻油雞, 上汤玉米包菜 White Rice Braised Sesame Oil Chicken Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	15/10/2024 焖麵, 香菇炖鸡, 香油大白菜 Sauteed Noodles Stewed Chicken w Dried Mushrooms Long Cabbage in Fragrance Oil Cabbage Soup, Apple	16/10/2024 白饭, ABC配菜, 姜葱鸡块 White Rice ABC Veges Ginger & Scallion Chicken Long Cabbage Soup, Banana	17/10/2024 白饭, 玉米鸡肉碎, 蚝皇枸杞椰菜花 White Rice Stewed Minced Chicken w Corns Cauliflower w Wolfberries in VegOysters Sauce Tofu Soup, Honeydew	18/10/2024 香茅饭, 酸甜醬鸡, 蒜油西兰花 Lemongrass Rice Sweet & Sour Chicken Broccoli w Garlic Oil Diced Corn Soup, Yellow Pear
21/10/2024 白饭, 马铃薯鸡肉碎, 上汤玉米大白菜 White Rice Stewed Minced Chicken w Potatoes Long Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	22/10/2024 意大利麵, 手打茄汁肉球, 香油西兰花 Spaghetti Handmade Chicken Ball in Romato Sauce Broccoli in Fragrance Oil Cabbage Soup, Apple	23/10/2024 白饭, 沙煲鸡, 素蚝油小白菜 Claypot Rice Claypot Chicken Cube Small C.Cabbage in VegOyster Sauce Long Cabbage Soup, Banana	24/10/2024 白饭, 照烧肉碎, 蚝皇枸杞椰菜花 White Rice Minced Chicken in Teriyaki Sauce Cauliflower w Wolfberries in VegOysters Sauce Tofu Soup, Honeydew	25/10/2024 香茅饭, BBQ烤鱼, 蒜油包菜 Lemongrass Rice Grilled Fish in BBQ Sauce Cabbage w Garlic Oil Diced Corn Soup, Yellow Pear
28/10/2024 白饭, 豆腐鸡肉碎, 上汤玉米包菜 White Rice Mapo Tofu & Minced Chicken (Non-Spicy) Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	29/10/2024 焖米粉, 烤叉烧鸡, 香油大白菜 Braised Bee Hoon Baked Char Siew Chicken Long Cabbage in Fragrance Oil Cabbage Soup, Apple	30/10/2024 白饭, 蕃茄鱼块, 香烤玉米 White Rice Steamed Tomato Fish Grilled Corn Long Cabbage Soup, Banana	31/10/2024 <b>Centre Closure (Deepavali)</b>	

# MEALS AND SAMPLE MENU



## Child Care Menu I (NOV) VEGETARIAN KCare

Mon	Tue	Wed	Thu	Fri
				11/11/2024 白饭, 烤蘑菇豆腐, 清蒸椰菜花 Lemongrass Rice Grilled Tofu w Button Mushroom Poach Cauliflower Diced Corn Soup, Yellow Pear
4/11/2024 白饭, 酱炒蘑菇黑木耳, 上汤玉米大白菜 White Rice Stir Fry Black Fungus & Button Mushrooms Long Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	5/11/2024 焖糍条, 蚝油辣豆素鸡, 香油包菜 Braised Kway Teow Braised VegChicken w Mixed Vegetables Cabbage in Fragrance Oil Cabbage Soup, Apple	6/11/2024 白饭, 四彩菜, 蚝皇粉丝鸡裙菇 White Rice Stir Frying 4 coloured vegetables Vermicelli Shimeiji Mushrooms in VegOyster Sauce Long Cabbage Soup, Banana	7/11/2024 白饭, 蜜汁酱素鱼, 蚝皇枸杞子椰菜花 White Rice VegFish in Honey Sauce Cauliflower w Wolfberries in VegOysters Sauce Tofu Soup, Honeydew	8/11/2024 白饭, 照烧酱香菇豆腐, 清蒸九白菜 White Rice Tofu & Dried Mushrooms in Teriyaki Sauce Poach Kow Peck Chye Diced Corn Soup, Yellow Pear
11/11/2024 白饭, 酱炒蘑菇黑木耳, 上汤玉米包菜 White Rice Stir Fry Black Fungus & Button Mushrooms Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	12/11/2024 焖麵, 香菇焖素鸡, 香油大白菜 Sauteed Noodles Stewed VegChicken w dried mushrooms Long Cabbage in Fragrance Oil Cabbage Soup, Apple	13/11/2024 白饭, ABC配菜, 蚝皇粉丝鸡裙菇 White Rice ABC Veges Vermicelli Shimeiji Mushrooms in VegOyster Sauce Long Cabbage Soup, Banana	14/11/2024 白饭, 玉米焖素鱼, 蚝皇枸杞子椰菜花 White Rice Stewed VegFish w Corns Cauliflower w Wolfberries in VegOysters Sauce Tofu Soup, Honeydew	15/11/2024 白饭, 酸甜蘑菇豆腐, 清蒸西兰花 White Rice Sweet & Sour Tofu Poach Broccoli Diced Corn Soup, Yellow Pear
18/11/2024 白饭, 酱炒蘑菇黑木耳, 上汤玉米大白菜 White Rice Stir Fry Black Fungus & Button Mushrooms Long Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	19/11/2024 意大利麵, 茄汁素鸡, 香油西兰花 Spaghetti VegChicken Ball in Tomato Sauce Broccoli in Fragrance Oil Cabbage Soup, Apple	20/11/2024 白饭, 蚝皇小白菜, 蚝皇粉丝鸡裙菇 White Rice Small C. Cabbage in VegOyster Sauce Vermicelli Shimeiji Mushrooms in VegOyster Sauce Long Cabbage Soup, Banana	21/11/2024 白饭, 照烧酱素鱼, 蚝皇枸杞子椰菜花 White Rice VegFish in Teriyaki Sauce Cauliflower w Wolfberries in VegOysters Sauce Tofu Soup, Honeydew	22/11/2024 白饭, BBQ杏鲍菇豆腐, 清蒸包菜 White Rice BBQ Tofu w Abalone Mushrooms Poach Cabbage Diced Corn Soup, Yellow Pear
25/11/2024 白饭, 酱炒蘑菇黑木耳, 上汤玉米包菜 White Rice Stir Fry Black Fungus & Button Mushrooms Cabbage w Corns in Superior Stock Red Carrots Soup, Apple	26/11/2024 焖米粉, 叉烧素鸡, 香油大白菜 Braised Bee Hoon VegChicken in Char Siew Sauce Long Cabbage in Fragrance Oil Cabbage Soup, Apple	27/11/2024 白饭, 西西里杂菜, 蚝皇粉丝鸡裙菇 White Rice Sicilian-Style Stew Veges Vermicelli Shimeiji Mushrooms in VegOyster Sauce Long Cabbage Soup, Banana	28/11/2024 白饭, 番茄酱素鱼, 蚝皇枸杞子椰菜花 White Rice VegFish in Tomato Sauce Cauliflower w Wolfberries in VegOysters Sauce Tofu Soup, Honeydew	29/11/2024 白饭, 广东蒸香菇豆腐, 清蒸九白菜 White Rice Cantonese Steamed Tofu w Ginger & Shiitake Mushroom Poach Kow Peck Chye Diced Corn Soup, Yellow Pear

UPDATED ON 13/8/2024

# SAMPLE SNACK MENU



## Breakfast & Snack Menu

Day   Week	1	2	3	4	5
<b>Monday</b>	Honey Stars with Milk	Cornflakes with Milk	Cheerios cereal with Milk	Trix cereal with Milk	Honey Stars with Milk
<b>Tuesday</b>	Wholemeal Bread & Strawberry Jam	White Bread & Strawberry Jam	Wholemeal Bread & Strawberry Jam	White Bread & Strawberry Jam	Wholemeal Bread & Strawberry Jam
<b>Wednesday</b>	Cream Crackers Biscuits	Mini Muffin	Wheat Cracker Biscuits	Raisin Bread	Mini Muffin
<b>Thursday</b>	Banana Cake	Butter Bun	Banana Cake	Butter Bun	Banana Cake
<b>Friday</b>	Strawberry Bun	Blueberry Bun	Chocolate Bun	Strawberry Bun	Blueberry Bun

# SCHEDULE FOR FIRST 2 DAYS OF SCHOOL

**For K1 children enrolled in MK (A.M. session):**

Time	Programme
8.00 am – 10:00 am	MK
10:00 am - 11.00 am	KCare

**For K1 children enrolled in MK (P.M. session):**

Time	Programme
1.00 pm – 3:00 pm	MK
3:00 pm - 4.00 pm	KCare

- Please note that there will be no full-day care on 2<sup>nd</sup> and 3<sup>rd</sup> Jan 2025. KCare will end at 11am and 4pm on both days.



# KCARE FEE



## Monthly fee for KCare in 2025

Singapore Citizen	Singapore Permanent Resident
Up to \$207.00  (Fee shown above is after \$150 basic subsidy)	Up to \$357.00



# KCARE FEE – SUBSIDIES

KCare subsidy is administered by MOE and provided in 2 tiers:

## Basic Subsidy (BS)





-  All Singapore Citizen (SC) children are eligible for and automatically given a Basic Subsidy of \$150 per month.
-  No separate application is required

## Additional Subsidy (AS)

-  Provided in addition to Basic Subsidy upon approval of the AS application
-  Tiered according to income level and provided to eligible applicants who meet the eligibility criteria

# KCARE FEE – SUBSIDIES

## Eligibility Criteria for KCare Additional Subsidy (AS)




-  Child must be a **Singapore Citizen** and an **existing beneficiary of the ECDA KiFAS subsidy\*** upon subsidy application
-  The applicant for the application must be the **mother or single father**
-  The applicant must work **56 hours or more per month**
-  Gross monthly household income of \$12,000 and below or per capita income of \$3,000 and below for larger families (5 or more family members in the same household with at least 3 dependents without income)

\*The Kindergarten Fee Assistance Scheme (KiFAS), which is administered by ECDA, is a means-tested subsidy to assist families in subsidising Kindergarten fees. The evaluation and eligibility of KCare AS depend on the outcome of ECDA KiFAS application. ECDA KiFAS and MOE KCare AS Household Income (HHI) and Per Capita Income (PCI) tiers are aligned.



# KCARE FEE – SUBSIDIES

## Minimum Attendance Requirement

-  The child must meet the **minimum attendance requirement of one day per month** at the centre to receive subsidies, unless a valid medical certificate (MC) covers the entire month's absence (subject to MOE's approval). **MC must state the period of absence for the entire month.**
-  MCs for 1 or 2 days will not be substantial to justify a full month's absence.
-  Failure to meet the attendance requirement will result in the full KCare fee being payable for that month.



# KCARE FEE – SUBSIDIES

How do I apply for KCare Additional Subsidy (AS)?


## Online Application

 Applicants must submit their application for KCare AS online via this link :  
<https://go.gov.sg/kcare-application>

 Authentication through **Singpass login** is required

 One application is required for each child

## Special Cases

 Non-parent applicants (e.g., legal guardians, foster parents, grandparents, relatives, and children's home representatives) will be required to submit relevant supporting documents.

## Processing Time

 The average processing time is about **8 weeks from the point of application submission or ECDA KiFAS subsidy approval**, whichever is later.



# KCARE ADDITIONAL SUBSIDY ELIGIBILITY CHECKER

You may utilise the KCare Eligibility Calculator available on the MOE website to determine if your child qualifies for the KCare additional subsidy:

<https://moe.gov.sg/preschool/moe-kindergarten/kindergarten-care>

## KCare subsidy eligibility checker (applicable for SC child only)

An additional subsidy is also provided and this is tiered according to income levels. Enter the details to check whether your child is eligible for the additional subsidy:

 My monthly household income is  

There are  people in my household.

I am a working mother or single father of my child.

[SHOW ME MY OPTIONS](#)

# COMMUNICATION

We encourage and appreciate frequent communication between the KCare operator and parents.

We can be reached at:

Email: [kcft@rafflesstudentcare.com](mailto:kcft@rafflesstudentcare.com)

Telephone: 62514059

WhatsApp: 8774 8123

	Term Time	School Holidays
Operating Hours	Monday to Friday 7 am to 7 pm	
(Closed on Saturdays, Sundays, Public Holidays, Teacher's Day, Children's Day and up to 8 additional days each year)		

**THANK YOU**

